

dotFIT KidsMV



Who is this for?

- Children between the age of 2 and 11.
- Most children do not receive optimal amounts of all essential nutrients through food alone, making this product necessary for filling nutrient gaps, supporting growth and development, and optimizing health.

What makes this product unique?

- This is a full-spectrum multivitamin & mineral formula
- Emphasis on Vitamin D to support bone health
- Chewable tablets
- New and improved formula contains choline, an essential nutrient for child development.

How should I take this?

- Take one (1) tablet with food 1-2 times

Suggested Use: For children under the age of 4, chew one tablet daily. For adults and children 4 years and up, chew two tablets daily. Consume with main meals.

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

	Amount Per Serving	%Daily Value Children <4	%Daily Value Children & Adults >4
Vitamin A (as Beta-Carotene 2,000 IU and Retinyl Palmitate 500 IU)	2,500 IU	100%	50%
Vitamin C (as Ascorbic Acid)	50 mg	125%	83%
Vitamin D (as cholecalciferol)	250 IU	63%	63%
Vitamin E (as D-Alpha-Tocopheryl Succinate)	20 IU	200%	67%
Vitamin K (as Phytonadione)	30 mcg	*	38%
Thiamin (as Thiamin Mononitrate)	1 mg	143%	67%
Riboflavin	1 mg	125%	59%
Niacin (as Niacinamide)	6 mg	67%	30%
Vitamin B6 (as Pyridoxine HCl)	1 mg	143%	50%
Folate (as Folic Acid)	100 mcg	50%	25%
Vitamin B12 (as Cyanocobalamin)	3 mcg	100%	50%
Biotin	10 mcg	7%	3%
Pantothenic acid (as D-Calcium Pantothenate)	2 mg	40%	20%
Iron (as Ferrous Fumarate)	5 mg	50%	28%
Iodine (as Potassium Iodide)	50 mcg	71%	33%
Magnesium (as Magnesium Oxide)	20 mg	10%	5%
Zinc (as Zinc Oxide)	5 mg	63%	33%
Selenium (as Selenomethionine)	20 mcg	*	29%
Choline Bitartrate	100 mg	*	*

% Daily Value based on a 2,000 calorie diet.

* Daily Value not established.

